

Why choose a Caterlink School Meal

Sign-up today!

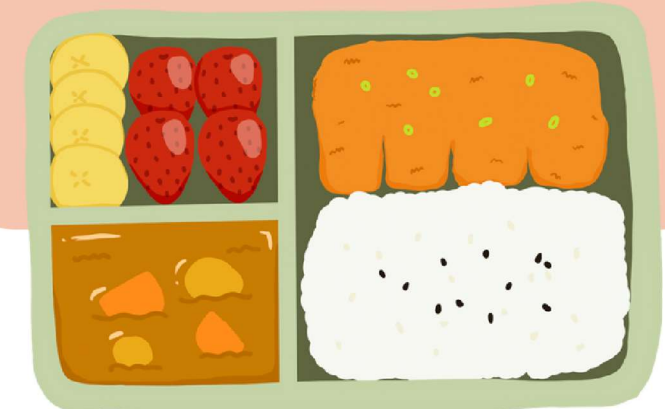
Please speak to reception.

We have won a number of awards for using **honest, local produce** and pride ourselves on making **fresh and nutritionally balanced** meals.



Per meal, we provide:

- 1 portion of protein
- 1 portion of carbohydrates
- 2 portions of vegetables
- A choice of salad available daily
- Freshly baked bread
- One homemade dessert



Behind **every meal** is a team of dedicated **chefs** and **nutritionists**.

Did you know? Most of our meals are made completely from scratch in-house!

Our **desserts** are **handmade** in house.

On average, our meals contain **37% less free sugars** than the government recommendations for school meals.

We **don't add** any **salt** to any of our meals!

Our **pizzas** are **homemade** and made using **50/50 wholemeal flour** for extra added **fibre!** And our **meat products** are **freshly** delivered from our **local butchers**.

We often have **Meat Free Mondays** to support **sustainable eating**. We also have recipes with **Added Plant Power** identified by this logo

Many of our desserts contain hidden **wholegrains** and are **sweetened with fruit** so they count toward **one of your child's 5-a-day!**

We ensure the menu adheres to the **School Food Standards**. That means your child is getting a **well balanced** and **nutritious** meal through out their school day.

