

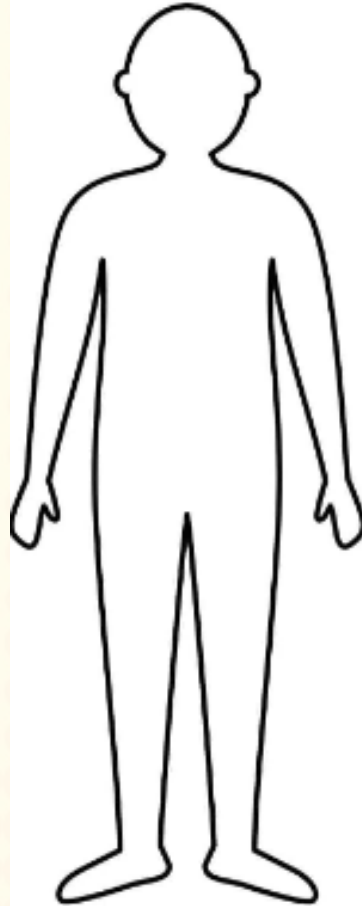
Date

**L.O: to explain how a boy's body changes during puberty.**

## Recap

**Name at least 5 changes that girls go through during puberty.**

# What male body parts do you know?





# Puberty for Boys

Most boys begin puberty between the ages of 9-14 – but everyone is different.



Your body will change when it is ready, and everyone is different!

Can anybody think of any changes that your body may go through?



# Boy's changes during puberty

You will become more muscular and taller.

Your skin will become more oily, and you may get spots.

Your sweat glands will produce more sweat.

Grow hair under your armpits.

You'll grow facial hair.

Your voice will deepen but until this settles down you could sound croaky and produce some interesting sounds! This is your voice breaking.

# Boy's changes during puberty

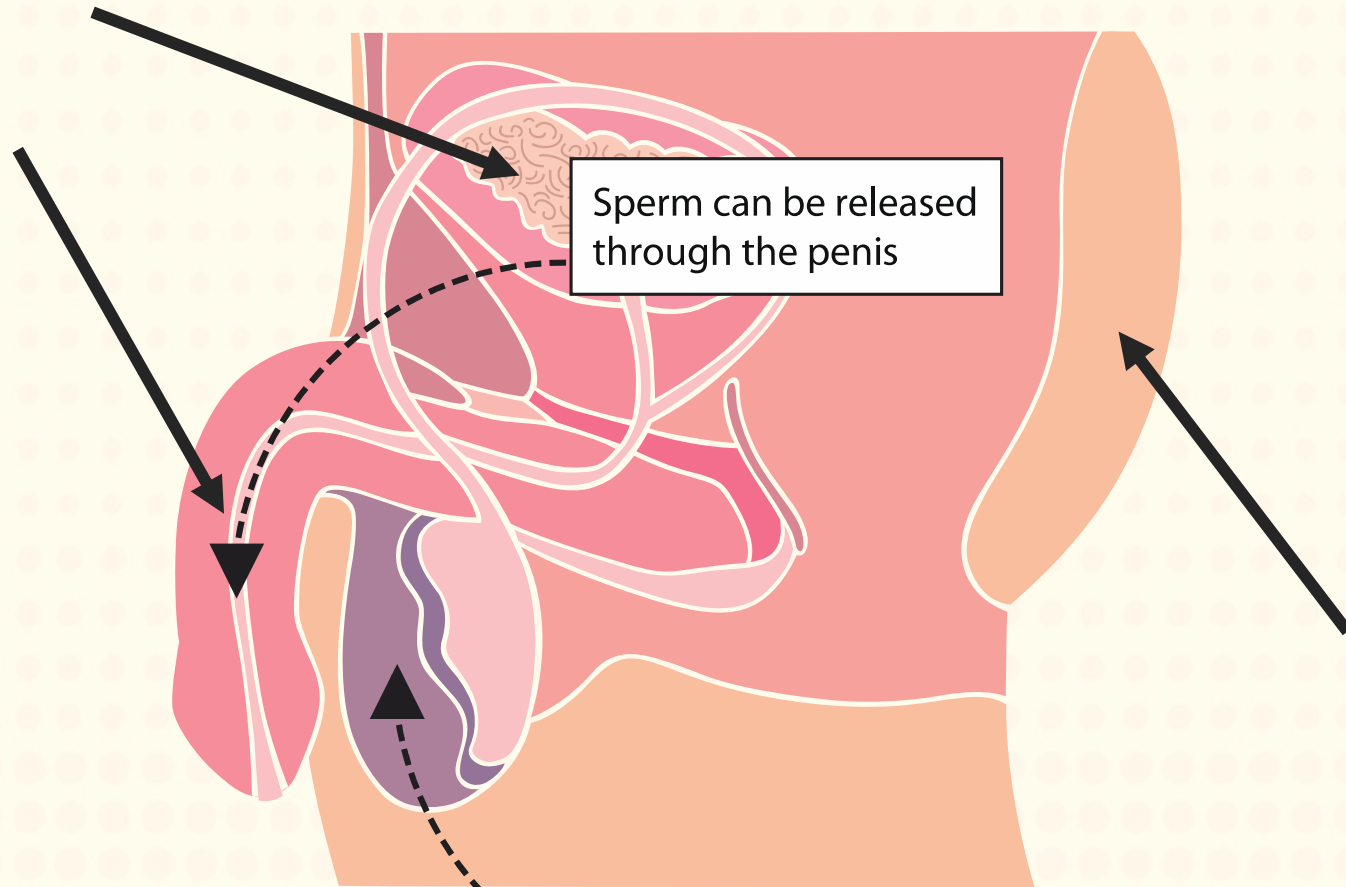
You will grow hair on your chest.

Your penis and testes will grow.

The hormones that control these changes may make you more grumpy and you'll have mood swings.

You will grow public hair near your penis.

You'll grow hair on your arms and legs.



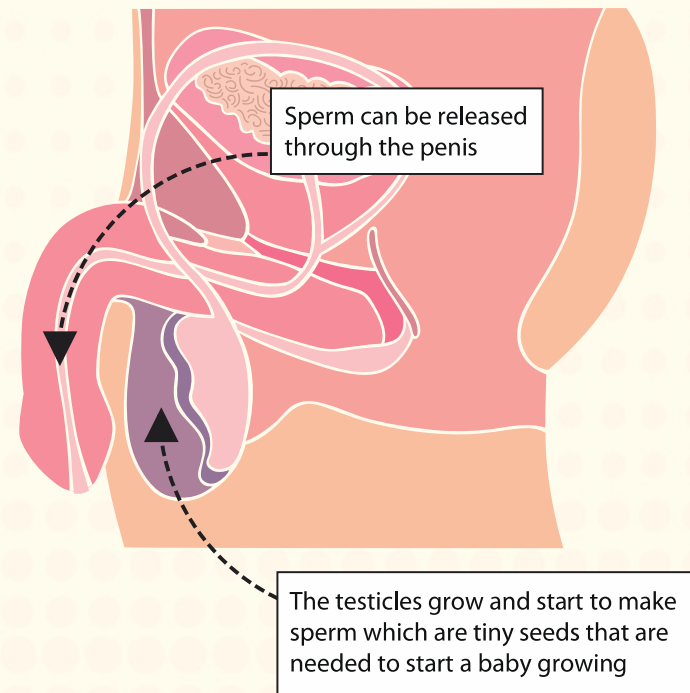
Sperm can be released through the penis

The testicles grow and start to make sperm which are tiny seeds that are needed to start a baby growing



# What is an erection?

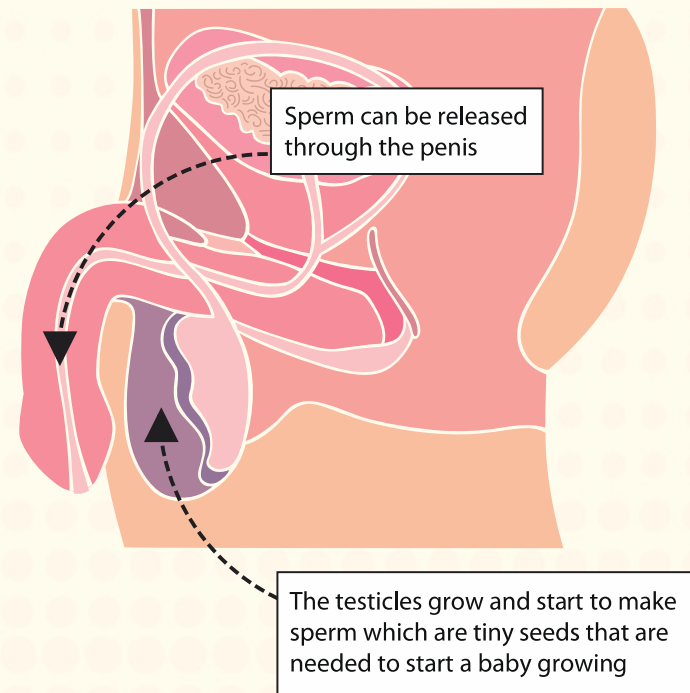
You start producing sperm which may be ejaculated (released from your penis) during sleep – don't worry, this is perfectly normal!





# What is a wet dream?

Your penis and testicles grow. They may sometimes feel uncomfortable and due to your body producing more hormones (testosterone is one of these), you might get erections when you least expect them!



# Questions? Questions?

Remember...  
puberty is not a secret!

Every adult or older teenager  
has already experienced it,  
so if there's anything you  
feel worried about, you can speak  
to a trusted adult or older friend.



# Plenary

Boys, Girls or both?

